



Dear Prospective Intern Applicant,

A warm hello and thank you for your interest in the Doctoral Internship in Health Service Psychology at the University of St. Thomas (UST). I invite you to look through the information about our internship program (don't miss the videos from staff and former interns) and let me know if you have any questions.

Our internship program has been fully accredited by the American Psychological Association since 1995 and was fully reaccredited in 2017 for 10 years. We have an enthusiastic and committed training staff who take great care in our mission to provide a comprehensive, developmental training experience, with an emphasis on learning through application of inclusive and evidence-based practice in psychology. We believe people learn and work best in a supportive, collegial atmosphere; therefore, we provide the type of environment that encourages intern development of professional identity, clinical skills, confidence, autonomy, and self-understanding. Interns at UST/CAPS gain experience in individual and group counseling, crisis intervention, psychological assessment, supervision, and outreach and consultation. Past and present interns describe our program as a supportive learning environment in which they can realize their personal and professional goals.

The University of St. Thomas is committed to creating a culture of encounter and belonging, rooted in the Catholic values of dignity, inclusion, dialog, justice, and service, where all members of the community can thrive. Counseling and Psychological Services fully supports the university's commitment and is dedicated to maintaining a training site that values having a variety of lived experiences and perspectives that enhance our expertise and interest in serving students with diverse needs, backgrounds, ethnicities, abilities, and other distinct characteristics in compassionate, sensitive, and understanding ways. [Click here](#) for more information on our Culture and Diversity Training Program Philosophy. We are located along the Mississippi River close to affordable family-friendly neighborhoods, culturally diverse communities, a thriving arts and music scene, and recreation.

We are also part of an integrated Center for Well-Being established in 2020 on campus, which includes departments of Counseling and Psychological Services, Health Promotion, Administrative roles, and Health Services (including a wide range of services such as primary care, nutrition, psychiatry, physical therapy, and more). This creates a dynamic training opportunity not only in college health but also in integrated health. Interns have commented in past appreciating the meaningful professional opportunities to contribute to the culture of a relatively new integrated health site and collaborate across departments.

The Doctoral Internship program is partially funded by the Minnesota Department of Health through the Health Care Professional Education (HCPE) Grant Program. Funding supports the expansion of our doctoral internship training program through the Team-based Health and Resilience Internship for Vulnerable Environments (THRIVE) initiative, including one funded

position for 2026-2027 and 2027-2028. For that one position, we give preference to applicants from the University of St. Thomas. This will impact *only one* of the four positions, though all internship positions remain structured and paid the same. It allows us to expand from 3 to 4 internship positions to support early professional entry into the field. We continue to value interns across geographic locations, while also wanting to support this exciting opportunity to expand training opportunities in MN.

Should you have any questions about our program, or our application process, please feel free to contact me at (651) 962-6750 or email me at [sull1547@stthomas.edu](mailto:sull1547@stthomas.edu). All the best to you as you begin your internship selection process!



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