

# **Short-Term Off-Campus Programs Policies and Procedures - Undergraduate (June 2025)**

## **Eligibility and Academic Requirements for Short-Term Programs**

Students must satisfy the following eligibility criteria to be approved to participate in short-term programs:

1. A student must have a minimum grade point average (GPA) of 2.0 when applying for a short-term program. Individual programs may require a higher GPA and prerequisites.
2. Students may not apply for, hold an active application for, or participate in, a study abroad or other off-campus program while on conduct probation or academic warning. Disciplinary records may be a consideration for approval in a study abroad program. If a student is placed on conduct probation after being approved to participate in a study abroad program or other off-campus program, the student is no longer eligible to participate in the study abroad or other off-campus program. If a student is placed on academic warning after approval to study abroad, they may appeal to the Study Abroad Advisory Committee and the Senior International Officer.
3. Students must complete at least one semester at St. Thomas before studying off-campus on a short-term program.
4. First-year students who apply to a study abroad program prior to completing a semester at St. Thomas must provide high school transcripts.
5. A student must complete an application and receive approval for their program from the Office of Study Abroad.
6. Upon review of a student's application, the Office of Study Abroad reserves the right to require an interview with the applicant and to determine final approval.
7. Students studying abroad on a short-term program are registered at St. Thomas and must take at least two (2) semester credits on their off-campus program.
8. Credit earned by the student on approved abroad programs will normally transfer as credit toward general requirements for graduation. With specific approval of the department chair, credits for certain courses taken abroad may be applied toward major, minor, or allied requirements. Students studying abroad on affiliate programs are responsible for speaking with their department chair to determine which credits will transfer towards major, minor or allied requirements.
9. Exceptions to eligibility requirements may be granted at the discretion of the Office of Study Abroad, and in consultation with Study Abroad Advisory Committee.

Following a student's approval to participate in an off-campus program, the student must meet applicable program requirements to maintain eligibility to participate in the off-campus program.

## **Financial Matters**

Students will be billed by the University of St. Thomas for the cost of the program plus an Off-Campus Study Fee. A student's account in the Business Office must be current or receive special clearance prior to participating in a Study Abroad Program.

Students are subject to the cancellation policy of their specific program.

Students are responsible for reviewing individual program descriptions to know exactly what is and what is not included in the program fee.

## **ACADEMIC INFORMATION**

### **Requirements for Short-term Programs**

Students with a minimum GPA of 2.0 and who are in good disciplinary standing are eligible to study off-campus. Additional eligibility requirements may differ for each program. Specific requirements are listed on individual program descriptions.

## **Course Credit**

Short-term programs usually carry three (3) or four (4) undergraduate credits unless indicated on the program description. Student must take at least two (2) credits on their study abroad program.

Students approved to study off-campus by the Office of Study Abroad are guaranteed elective credit for their coursework off-campus in which they receive a passing grade (D- or better).

Certain courses may be approved to meet St. Thomas undergraduate core, major, minor or allied requirements. If you wish to use any short-term program to fulfill specific requirements for which it has not been pre-approved, it is your responsibility to obtain the approval signature of the appropriate department chair or designated faculty member. Students should use a Course Approval Record form, available from the Office of Study Abroad. Keep in mind that appropriate academic committees have already reviewed St. Thomas courses.

## **Course Approval Record - Affiliate Programs**

The course approval process is outlined on the [Office of Study Abroad OneStThomas site](#).

Students who wish to seek course approval for a course that has not been pre-approved to meet certain requirements must provide department chairs with course descriptions when seeking approval signatures (course syllabi are sometimes required as well). The student must obtain the appropriate signatures on the Course Approval Record Form:

- for major coursework credit - signature of the department chair
- for minor coursework credit - signature of the department chair
- for department-based core requirements - signature of the respective department chair
- for Integration In the Humanities, DISJ and Global Perspectives requirement - chair of the requirement review committee

Course equivalents and/or substitutions for major/minor requirements must be indicated on the form by the appropriate department chair.

The completed Course Approval Record must be returned to the Office of Study Abroad. Students should keep a copy. Students who do not submit a completed Course Approval Record prior to departure may be required to meet with the Transcript Evaluator upon their return.

Alternatively, students can obtain course approvals via email. Faculty must send the approval email directly to [studyabroad@stthomas.edu](mailto:studyabroad@stthomas.edu). Emails forwarded by the student will not be accepted.

## **Grading**

St. Thomas policies state that all courses must be assigned a letter grade.

## **Taking Courses S-D-R**

St. Thomas does allow students to take courses S-D-R according to St. Thomas policies in the current course catalog. All S-D-R requests must be submitted to the Registrar's Office or Office of Study Abroad before departure or within the first five days of the program.

## **Program Evaluation**

Students are required to complete an online evaluation for their off-campus study experience sent by email at the conclusion of their program.

## **Auditing Courses**

Students may not audit short-term programs.

## **Registration**

The Office of Study Abroad will register students for all January and summer term programs. Students cannot register or drop their off-campus program through Murphy Online.

You will not be registered if:

- your St. Thomas student account is not current (paid to date)
- you have a health hold or other type of hold on your record
- you have applied for a course for which you have not fulfilled the prerequisites or sought departmental permission, if required.

### **Transcript Notation**

All students who are approved by the Office of Study Abroad to study off-campus will have a notation on their transcript including the program name, and country(s) in which their coursework was completed.

### **Non-degree students**

Non-degree students (interested participants who are not students or who are enrolled at another institution) may apply for a St. Thomas-sponsored short-term program on a space-available basis with the permission of the faculty director and the Office of Study Abroad. Please notify the Office of Study Abroad immediately if you are a degree-seeking student at the University of St. Thomas.

### **Accompanying Persons**

Participants' family members and friends are not allowed to accompany students on short-term programs.

### **Need for Academic or Physical Accommodation Off-Campus**

Students in need of accommodation due to a disability must have formally registered with St. Thomas Disability Resources in order to request accommodation off-campus. Note the following process for making such requests when going off-campus:

- Student has St. Thomas Disability Resources formally document the need for accommodation (students must present documentation of their disability to Disability Resources before the office can verify need for accommodation off-campus).
- Student requests that the director of St. Thomas Disability Resources submit a letter to the Office of Study Abroad outlining the specific accommodation(s) requested.
- If the student is participating in a non-St. Thomas program, the Office of Study Abroad forwards the request on to the program sponsor or organization abroad.
- Student should follow-up with the study abroad program, making sure to talk directly with the program director once on-site, and follow any further procedural instructions as advised.

## **ENROLLMENT INFORMATION**

### **How to Apply**

The final deadline for January Term is October 1 and for summer term is March 15. Some programs may have earlier deadlines.

All students must apply online at [studyabroad.stthomas.edu](http://studyabroad.stthomas.edu). Students applying for St. Thomas programs can apply directly. Students applying for Affiliate programs must attend an information session before applying. Students applying to an Affiliate program will also need to submit application materials to their program provider.

All cancellations must be submitted by e-mailing [studyabroad@stthomas.edu](mailto:studyabroad@stthomas.edu) from the student's St. Thomas e-mail account. The date that such notification is received is considered the cancellation date.

## **Deposit**

A deposit is required at time of application for St. Thomas. These deposits can be made at the Business Office or online. Instructions are found in the online application. If a student is not accepted into a program, a deposit refund will be issued.

Students on Affiliate will need to follow their program provider's deposit requirements. Typically deposits for these programs are required on approval and are made directly to the program.

## **Once Accepted**

Students will receive notification that an application decision (accepted, wait listed, denied) has been made via their St. Thomas email account. They will then login to their online application to review the decision and, if accepted, approval details. Students will receive final paperwork the semester before departure.

## **Wait Listed Students (St. Thomas programs only)**

If a St. Thomas program reaches its maximum enrollment, students may be placed on a wait list. When a cancellation occurs, the program sponsor notifies students of acceptance immediately. If no cancellations occur by the final deadline, students will be contacted and deposit refunded. There will be no monetary refund for passport/ID photos.

## **Confirmation of Program Status**

St. Thomas programs are confirmed as soon as the minimum number of students for each individual program is reached. Decisions as to whether programs with low enrollment will be offered will be made no later than two weeks before final application deadline.

## **Applying for More Than One Program**

Students may apply for only one J-Term program at a time. If not approved for a program an application may be submitted for another program. Students must e-mail [studyabroad@stthomas.edu](mailto:studyabroad@stthomas.edu) with the name of the second program to which they would like to apply.

## **FERPA and Off-Campus Study**

The Family Education Rights and Privacy Act (FERPA) of 1974, as amended, affords students the right to authorize the release of education information to third parties. The Office of Study Abroad requests that students authorize the release of education information to third parties by signing the Application Consent as part of their study abroad application.

## **FINANCIAL MATTERS**

### **Comprehensive Program Fee**

Costs listed are approximate and are based on a minimum number of students per program. Every effort is made to operate the program at the stated price. However, with fewer than the minimum number of participants, costs may be increased or the program cancelled. All program sponsors, including the University of St. Thomas, reserve the right to adjust fees due to dollar devaluation, fuel surcharges and general inflation.

The billable program costs for St. Thomas programs typically includes: tuition; round-trip transportation from the Minneapolis-Saint Paul International Airport (MSP) to program location; airport transfers; transportation to most program activities; CISI insurance for international programs; meals as indicated; planned excursions; administrative costs; and lodging (primarily in triple rooms in hotels, pensions, university dorms, or homestays (where indicated); roommate assignments are of the same gender).

Students on Affiliate programs are responsible for reviewing what their program fee includes. Students will be charged either 3-credits of St. Thomas tuition or the program's tuition, whichever is higher, as well as housing and other fees incurred by the program. Airfare is typically not included in the program fee.

## **Exclusions**

Expenses and items not specifically mentioned herein are not covered, including but not limited to: passports; local subway, bus, and tram fares; departure taxes (except U.S.); optional entertainment & excursions; room service charges; porter's fees; laundry and cleaning; telephone & fax; personal tips; and transportation to and from point of course departure.

## **Off-Campus Study Fee**

An off-campus study fee is charged for short-term programs, guaranteeing the posting of credit, keeping a student's records up-to-date, and allowing St. Thomas to make program payment and to bill the student's account. Current fee amounts are posted on the [Business Office Web site](#).

## **Payment Schedule**

**January Term** - Students will be billed in December. Charges will appear on the St. Thomas eBilling statement issued in December. The balance of payment is due in January.

**Summer Term** - Students will be billed in May. Charges will appear on St. Thomas eBilling statement issued in May. The balance of payment is due in June.

**Spring/Fall Embedded** - The tuition cost of the course will be billed to student accounts as usual. The program fee will be charged in February (spring) or October (fall).

## **Wait Listed Students**

Please reference the Wait Listed Students section.

## **Cancellation Fees and Refunds - St. Thomas Programs**

Cancellation policies are noted in online applications and at [studyabroad.stthomas.edu](#). Students are responsible for understanding the cancellation policy for their program.

- There is no monetary refund for passport/ID photos.
- No refund is given to students who wish to omit portions of the itinerary.
- Cancellations due to medical emergencies or U.S. government shut down (such as passport offices) do not guarantee a full refund, and in some cases, may involve no refund.

## **Cancellation Fees and Refunds - Affiliate Programs**

Students will be charged a cancellation fee equivalent of their off-campus study fee if they cancel from their affiliate study abroad program after the following dates:

- December 1 for January Term and Spring programs
- May 1 for Summer programs
- August 1 for Fall programs

It is each student's responsibility to know the cancellation policies for their specific program. Students are responsible for all payments made on their behalf to their programs by St. Thomas. Withdrawing from most programs once they have begun often does not result in any refund of charges. Withdrawing from most programs prior to departure results in forfeited deposits and any pre-paid program expenses. Carefully review your program's literature for its refund and cancellation policies. In the event a student must cancel from an Affiliate program, written cancellation must be submitted to BOTH the Office of Study abroad AND the program provider.

## **How to Cancel**

All cancellations must be submitted in writing to the Office of Study Abroad by e-mailing [studyabroad@stthomas.edu](mailto:studyabroad@stthomas.edu) from the student's St. Thomas e-mail account. Cancellations by phone or in person are NOT accepted.

## **Financial Aid**

## **January Term/Summer Session Financial Aid Eligibility:**

Financial aid at St Thomas is typically offered for the academic year with half of the funds awarded for the fall semester and the other half awarded for the spring semester. For St. Thomas financial aid purposes, you must enroll as a full-time student in the spring semester to receive the spring portion of any university scholarship, award or grant. Only Federal, State and privately-sponsored financial aid programs allow you to combine enrollment for J-Term along with the spring semester for the purposes of disbursing spring semester aid. J-Term financial aid funds will be disbursed spring semester.

A student is expected to use personal funds to make any required study abroad deposits for J-Term and/or summer session and have sufficient funds to cover all personal expenses associated with the program. Obtain the cost information for your program on the study abroad website: [studyabroad.stthomas.edu](http://studyabroad.stthomas.edu).

To apply for J-Term or summer session financial aid, submit the online [January Term](#) application beginning in mid-November or the [summer session](#) application beginning in mid-April.

In the summer, most financial aid funds require that you enroll as at least a half-time student to qualify. Your combined registration for all summer sessions will be used to determine your summer financial aid eligibility.

### **Supplemental Loans**

A student may request consideration for supplemental educational loan funds to assist with the additional expenses associated with the short-term program expenses. Loan terms, eligibility requirements, and approval are determined by the lender selected. Visit the undergraduate financial aid [website](#) for private and Federal Parent Loan options. Loan funds received prior to the posting of any off-campus study charges will first be applied to current charges. If your student account is paid in full, the Business Office will issue a credit balance refund. You may request that the Business Office hold loan proceeds on your student account to be applied to your future off-campus charges.

### **For January Term**

A student is encouraged to submit a supplemental loan application in the summer requesting the total amount desired for the upcoming school year, including your short-term expenses. One half of the loan funds will be disbursed to your student account following the 10th day of each semester provided you continue to meet all eligibility criteria at the time of each disbursement. You may apply for a supplemental loan one semester at a time if you prefer to budget on a term-by- term basis. You have an opportunity in late fall to submit a J-Term financial aid application to receive consideration for additional supplemental loan funding.

### **For Summer**

A student is encouraged to submit any supplemental loan application before May 1st. Loan funds are disbursed in installments that correspond with the last day to officially register for the classes for each session(s) you will attend provided you continue to meet all eligibility criteria at the time of each disbursement.

### **Study Abroad Scholarships**

University-sponsored and private study abroad scholarship opportunities are available. Visit the scholarship section of the Office of Study Abroad website for information, eligibility criteria, application materials, and deadlines. Select "Costs & Financial Aid" at [studyabroad.stthomas.edu](http://studyabroad.stthomas.edu).

Recipients of the City of Minneapolis Scholarship, Dease Scholarship, Full-tuition Science, Math, and Engineering Scholarship, Three Sixty Journalism Scholarship, and some ROTC scholarships may request to use their scholarship for an off-campus study opportunity. As soon as your registration is complete, submit a January term or summer financial aid application to the Office of Financial Aid.

### **Spring/Fall Embedded Programs**

Funding for any course that includes an optional or required short-term program during a break is extremely limited. Determine how you will finance this opportunity before making any deposit or commitment to the program.

## **Tuition Remission**

Tuition remission includes study abroad for dependent children of St. Thomas employees. This applies to a single (one) program approved by the Office of Study Abroad. The amount of tuition remission applied to any study abroad charges will be the lesser of (a) the actual tuition for the select program, or (b) the cost of tuition at St. Thomas for the corresponding number of credits employee's dependent is enrolled while abroad. Employee dependents may use tuition remission for a study abroad program during any term of enrollment (fall, J-Term, spring, summer or an academic year). However, all programs, regardless of length, will count equally as one program for purposes of this benefit. To receive this benefit, the dependent must be a full-time St. Thomas student seeking their first baccalaureate degree and apply for approval to study abroad directly to the Office of Study Abroad.

Participants of the Tuition Exchange and Catholic College Cooperative Tuition Exchange may receive this benefit for study abroad as outlined above for dependent children of St Thomas employees. Please note that recipients of the Associated Colleges of the Twin Cities (ACTC) and the University of St Catherine tuition remission program cannot receive these benefits to study abroad. Contact your financial aid counselor to learn of other funding opportunities that may be available to you.

## **Note on Financial Aid Program**

Please be advised that all financial aid programs (need- and non-need-based) are subject to change. Most often the changes are a result of changes to federal and/or state programs and regulations. Information in this section is accurate as of June 2025.

## **HEALTH INFORMATION**

### **Insurance Coverage Abroad**

St. Thomas requires that ALL students participating in international off-campus programs have a level of insurance that meets or exceeds the insurance provided by the University's policy thru Cultural Insurance Services International (CISI). Insurance coverage through CISI is included in the program cost for St. Thomas programs.

Some Affiliate programs include insurance as part of the program fee. St. Thomas has reviewed all affiliate program insurance policies and determined that some provide equal coverage to CISI. Students on these programs are exempt from the CISI insurance requirement but do have the opportunity of enrolling if they would like the additional insurance coverage. Students required to carry CISI will be automatically enrolled, and the premium posted to their St. Thomas student accounts.

Students should keep their existing domestic health insurance coverage in force at all times. U.S.-based program participants should use their U.S. health insurance provider for any medical needs while on the program.

### **Cultural Insurance Services International (CISI)**

St. Thomas' CISI Plan is designed specifically for students traveling abroad. In addition to providing health insurance, the plan covers medical evacuation and repatriation as well as security evacuations should they become necessary. Students enrolled in CISI will receive complete plan information prior to departure.

It is also recommended you consider purchasing Cancellation / Interruption for Any Reason (CFAR / IFAR) insurance. Purchasing this or other additional insurance is an optional, out-of-pocket expense, but it can provide extra insurance coverage for your financial commitments to this program. One option available is the Worldwide Trip Protector Plans with travel insurance underwritten by the United States Fire Insurance Company, rated A (Excellent) by A.M. Best 2019. These plans are available via the [CISI website](#).

### **Mental Health Off-Campus**

Studying off-campus is an exciting experience that is also challenging and can be stressful. If you have experienced depression, anxiety, or other mental health concerns in the past, we encourage you to check in with your counselor or one of the staff at Counseling and Psychological Services to make a plan to ensure your success. If you are on any psychotropic medication (e.g. antidepressants, anti anxiety medication, etc.), remember to follow the advice under Prescription Medication.

## **General Health**

When preparing for your upcoming travel, it is important to address general health issues as well as any specific health concerns unique to you and your destination. Some programs may require a statement of good health or a physical before you leave. This can be obtained through a healthcare provider. If you have any chronic health conditions, such as asthma, migraines, seizures, anxiety, depression, or other chronic health problems, be proactive and consult your healthcare provider prior to departure. Develop a plan of care should you have any problems. If you require a medical alert bracelet, wear it during your travels. If you have a chronic disease, become familiar with the words that describe it in your host country's language. If you have a chronic health condition, identify a health care facility and provider within your host country in case you should need to seek medical care. See your dentist prior to departure.

## **Prescriptions**

If you take a prescription medication, you need to arrange for an adequate supply of medication necessary for your travel duration. This needs to be coordinated through your healthcare provider and your insurance company. Keep all medications in their original containers. Do not mix different medications, prescription or over-the-counter, in one bottle. Know both the brand and generic names of your medications. Carry a copy of the original prescription with you. If you are bringing controlled substances such as ADHD medications or antidepressants, have your healthcare provider provide you with a letter stating they prescribed the medication and you are under their care. Make sure the medications are legal in your host country; this will help you avoid problems at customs. Reference the on-line Drug Translation Tool on the CISI portal for additional assistance.

## **Immunizations**

Make sure you are up to date on your routine U.S. vaccinations. This includes MMR, Tetanus, and Varicella vaccines. St. Thomas makes the following vaccine recommendations to all students studying abroad:

- Hepatitis A is a viral infection of the liver spread via contaminated food and water. The Hepatitis A vaccine is a series of two vaccines administered over six to twelve months.
- Hepatitis B is a virus spread through body fluids such as saliva and blood and can lead to significant liver failure. It is a series of three vaccines administered over one year.
- Meningitis is an inflammation of the membranes of the spinal cord and brain. It is a serious and sometimes fatal infection. It is recommended that all students be immunized for meningitis.
- Seasonal influenza is a contagious viral respiratory infection, spread via respiratory secretions. It can cause mild to severe illness and sometimes death.
- COVID-19 is a contagious viral infection, spread via respiratory secretions. It can cause mild to severe illness and sometimes death

## **Destination-Specific Health Concerns**

Be familiar with health issues in your host country and any country you plan on making a side trip to. Appropriate vaccines and medications beyond the above listed routine recommendations need to be researched. The Centers for Disease Control (CDC) details information regarding immunizations, health risks, and disease outbreaks specific to a destination. A formal travel consultation is recommended for such destinations for optimal travel preparation, ideally six or more weeks prior to departure.

## **Travel Preparation Resources**

Consult with your primary healthcare provider regarding your individual health concerns and how to manage any chronic health issues you may have during travel. Confirm your routine vaccines are up to date. The CDC provides information on both health concerns and vaccine recommendations within a country. The World Health Organization provides additional information on current health conditions specific to a country. The St. Thomas Travel Clinic ([stthomas.edu/healthservices](http://stthomas.edu/healthservices)) provides travel health education, required/recommended vaccines, and prescriptions for recommended medications specific to your destination.

## **Reporting Requirements**

Minnesota Statutes Section 5.41 requires that certain health and safety incidents that result from participation in a study abroad program be reported to the Minnesota Secretary of State. Specifically, St. Thomas must report on:

1. Deaths of program participants that occurred during program participation as a result of program participation; and
2. Accidents and illnesses that occurred during program participation as a result of participation that required hospitalization.

Currently, the law does not require that we share any personally identifiable information, nor any specific medical information. St. Thomas is required to report to the State of Minnesota annually for all St. Thomas students who study abroad. If you are on an affiliate program, your program provider must report incidents to St. Thomas.

## **TRAVEL INFORMATION**

### **Group Flight**

St. Thomas program fees are typically based on group flight arrangements. Students are required to participate in this group flight.

### **Passports**

Students are responsible for obtaining a passport on their own and applying in sufficient time so as to not jeopardize their ability to travel as planned. Application and renewal information is available at [passports.state.gov](http://passports.state.gov). The Office of Study Abroad cannot issue, or ensure issuance, of a passport.

### **Student Visas**

If a program destination requires a visa, the program provider will provide information to students upon acceptance. The ability to issue a visa rests solely with the host country. St. Thomas and the Office of Study Abroad cannot provide legal advice or ensure issuance of a visa. Students are responsible for obtaining a visa and applying in sufficient time so as to not jeopardize their ability to travel as planned. International students often have requirements differing from those for U.S. students and may require a visa when U.S. students do not. International students must notify the Office of International Students & Scholars immediately upon acceptance to a study abroad program to learn about requirements for studying abroad.

### **Other Resources**

If want to know more about your destination(s), check out the following web sites.

- Travel advisories or warnings: [travel.state.gov/content/passports/en/alertswarnings.html](http://travel.state.gov/content/passports/en/alertswarnings.html)
- Centers for Disease Control: [www.cdc.gov/travel](http://www.cdc.gov/travel)
- World Health Organization: [www.who.int/countries/en](http://www.who.int/countries/en)
- Lonely Planet: [www.lonelyplanet.com](http://www.lonelyplanet.com)