



Psychology FAQs

1. What are the best things about being a Psychology major?

The Psychology Department at St. Thomas has enthusiastic and student-centered faculty that place an emphasis on discussion, hands-on experience, and practical application with an eye toward the common good. The major provides a broad introduction to the important areas of psychology as well as opportunities for hands-on experience within each area through three research courses. The psychology department at St. Thomas is a vibrant and active community, with close collaboration between students and faculty.

2. How do I get involved in the Psychology department?

Connect with the department chair, who can give you useful information about the major and other opportunities in the department, which include working with a faculty member as part of their research team. Talk with the peer advisors (Educational Assistants) and faculty in the department to learn about other opportunities. There are three department sponsored student organizations: **Psychology Club** brings together students interested in psychology, and features a range of activities including study nights, guest speaker lunches, and grad school panels; **Mind Matters** is an organization devoted to mental health awareness, and battling the stigma associated with mental illness; and **Psi Chi**, the national honor society for Psychology.

3. What do people do with their Psych major post-graduation?

Counseling and therapy might be the most well-known application of the major, but there are many other career directions that begin with a Psychology major. Many of our students go into health professions such as occupational or physical therapy, speech therapy, nursing, or med school. Some go into school or educational psychology to work with young learners. Psychologists also work in industry in marketing, training, or management. Others go into law school or work in forensic settings. Psychology is great preparation for a host of careers, given its emphasis on research, critical thinking, and understanding human thought and behavior.

4. What minors pair well with Psychology?

Psychology complements well by just about every other discipline. Students interested in counseling might be interested in a minor in Family Studies or Social Welfare. If you're interested in workplace applications of Psychology, consider a minor in business. For those interested in health professions, a minor in Neuroscience or a health-related field might be a good fit. Given psychology's emphasis on critical thinking and research, statistics is a great choice as a minor. Many psychology majors interested in legal or forensic applications minor in Criminal Justice or Sociology.

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