



## Pre-Health FAQs

### 1. What majors are best for pre-health students?

St. Thomas students pursue lots of different majors. Biology, Biochemistry, Exercise Science, and Neuroscience are the common. They tend align with courses people must take before applying to graduate training programs, but plenty of other majors can be made to work as well.

### 2. What if I'm undecided on majors or minors?

That's totally okay! Most people aren't completely sure of their majors until into sophomore year. Minors can be added (or subtracted) at any point during your time at St. Thomas.

### 3. How does St. Thomas help pre-health students find volunteer and work experiences to help them succeed?

We offer on-demand support, often together with campus partners such as The Center for the Common Good and Career Development, to help students find opportunities that match their personal and professional interests. Through Pre-Health Tommies, our online community, students can access scripts and step-by-step instructions for reaching out to health care facilities and providers, for instance, to secure professional shadowing and volunteer gigs.

### 4. I've heard there's going to be a nursing program at St. Thomas. What can you tell me about that?

St. Thomas recently added the Morrison Family College of Health, which is building out a nursing program that will admit its first class within the next few years. The exact date is hard to anticipate, especially in light of COVID-19. Students who are interested in careers in nursing, however, can take courses in chemistry, biology, psychology, as well as health and exercise science that will prepare them for nursing programs at any institution.

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