



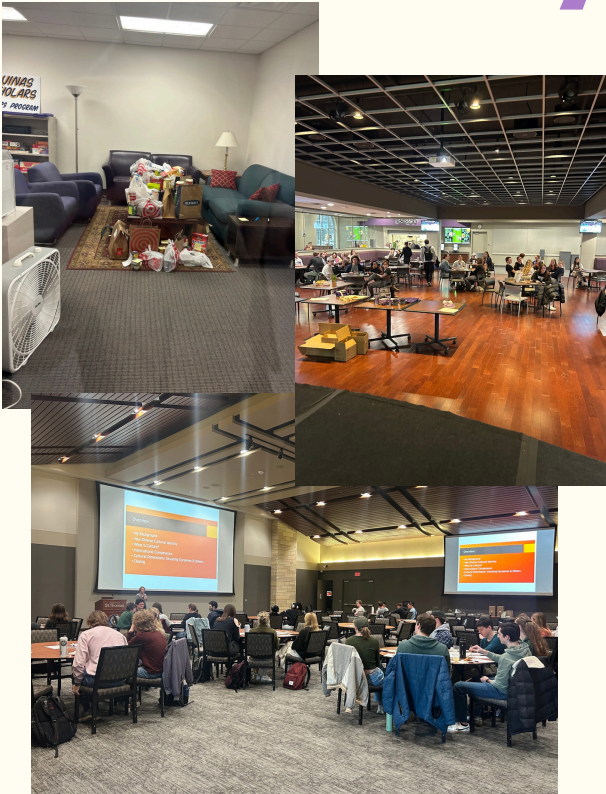
Aquinas Scholars
HONORS PROGRAM

The

SCHOLARS JOURNAL

April 2025

APRIL



Within the month of April, we had our symposium week, and this week's theme was Cultural Crossroads. We want to thank you for all your participation and appreciation for this topic, as well as all the different events that were a part of this week. This week was fundamental to the honors program as we continue to improve our understanding of this world and all the different aspects and beauty that go along with it. Shout-out to Arianna and Sofia for putting on such a fantastic symposium week!

FEATURED

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- "Step out"
- "Dubai"
- "Seven Sisters Cliffs - Seaford, England"
- "London, England"
- "Heart of Minnesota"
- "Outside in"
- "What am I?"
- "My Soul"

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MONTHLY MOTIVATION

WE ARE ALMOST AT THE END OF THE SEMESTER!! I know that the honors board is so proud of all the support and continued participation throughout this semester! Thank you for everything you have done so far! FINISH OUT THE SEMESTER STRONG!



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STEP OUT

Patrick Cowan

<https://youtube.com/shorts/b9rOU7Np2mo>

Originally, this project was going to be a longer, more traditional video. But I had a realization, being a scholar isn't just about following a plan; it's about adapting, learning, and making the most of every opportunity. As a Marketing major, I decided to retool my idea into something more impactful: a pseudo-advertisement for the LBS program. I aimed to highlight the intensity the program brings to your education while using energetic music to keep the viewer engaged from start to finish. Every clip in this video was filmed by me, and I chose "Step Out" by Jose Gonzalez to set the tone, encouraging viewers to do exactly that: step out, explore, and grow in their education. This is my submission to the April edition of the Scholars Journal Newsletter. I hope it captures not just what the LBS program offers, but also what it means to be an adaptable, forward-thinking scholar.

DUBAI

Anna Tagarelli



<https://youtube.com/shorts/b9rOU7Np2mo>

My family and I spent Christmas in Dubai and explored the desert safari, the beaches in Dubai, the Dubai Mall, and many other attractions in Dubai. I decided to film this experience for fun & good memories!

SEVEN SISTERS CLIFFS - SEAFORD, ENGLAND

Eva Wayne



I took a solo day trip down to the southern coast of England this month. The name of the area is derived from the seven hilltops of the cliff. They are composed of white chalk that was formed during the Cretaceous period. Back then, the areas of England and France were connected, but the sea levels rose high enough to create the English Channel. Today, as the cliffs erode, structures like lighthouses are being moved further back into the continent.



LONDON, ENGLAND

Abigail Hutchinson



Pictured above is me in London, England over Spring Break 2025 in front of Big Ben with the iconic red telephone booth. I previously studied abroad in London for the Spring 2024 London Business Semester. It was neat to be back and see some of my favorite spots, as well as new places and experiences. This trip's highlights were a day trip to Brighton, seeing *The Devil Wears Prada* play, and checking out the cool vintage shops and markets.

HEART OF MINNESOTA

Kate Olson



The heart of Minnesota lies in hockey. I had the opportunity to attend the final home game of the season and it was nothing short of a memorable experience. As the “state of hockey”, Minnesota’s sense of community extends from everyday work or school to the love for hockey. This shared elation among dedicated fans is what makes the Minnesota Wild and the Xcel energy center one of the best hockey atmospheres to be a part of.

OUTSIDE IN

Kevin Lynch



Outside details and interior feelings are compressed into one dimension, forcing the self to confront the obstructions it once held at a distance. New feelings are projected and overlaid by a brilliant, unknown source. Does this mean a more limited world, or a new kind of freedom?

WHAT AM I?

Anna Hamvas

I come from the nothing
I come from the sky
I come from the core
I come from the eye

I come from the stars
I come from the fly
I come from the below
I come from the other side

I go to the shift
I go to the bend
I go to the beyond
I go to the end

I cease with you
I cease with death
I cease in the stillness
I cease in the rest

I begin in the morning
I begin in the night
I begin whenever I choose
I am the light

MY SOUL

Cindy Meisinger

Peach shadows dance underneath my lids
As the trees wave and whisper of Secrets
I breathe and am born again in Spring
My soul — like Dandelion fuzz takes wing
And I flutter far off in the breeze
Faraway into the glowing sun of Dreams



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